



Sport and Achievement Newsletter

Sycamore Academy Miles Ahead

We started our new initiative which has been to run a mile a day; this has been to improve the health and fitness of the whole school (staff included)

By the time you read this your child should have finished their first marathon, 26 miles!
359 children have participated in the fun run over the month.

Afterschool Clubs:

The after school timetable after half term will read as the following:

- Monday - Gymnastics (Y1 - Y3)
- Monday - Stay and Play (Y3 - Y6)
- Tuesday - Dance (KS2)
- Tuesday - Girls football (Y4 - Y6)
- Tuesday - Adults' Fitness
- Wednesday - Football Club
- Thursday - Film club (Y3 - Y6)
- Friday - Raising Aspirations (Y5 - Y6)
- Friday - Art Club (Y5 - Y6)



School Achievements:

We have competed in various competitions and have had great success, this has included:

- ❖ Year 5 and 6 Cross Country City Championships - Donte Lee coming top 12 out of 120 Children.
- ❖ Year 5 and Year 6 Handball City Championships - We finished 3rd out of 20 schools - Madison Shaw being a stand out performer.
- ❖ Year 3 and Year 4 Sports Hall Athletics - We gained 3rd place in the league - Xavier Lee-White and Rohita Gobalakrishnan being stand out performers.
- ❖ Year 5 and 6 Dodgeball Championships - we have progressed to the finals having qualified from 30 other schools. The Finals are to be held Tuesday 7th February.

☺ **Well done to everyone involved!** ☺

Miss Paisley Strang:

As some of you may have been aware the sports team have had the super talented Paisley Strang join us on a one year apprentice programme. The program is due to end this half term with Paisley finishing off and passing her work placement course. But due to her amazing ability with the children and staff she has been offered a role in school after half term. Congratulations Paisley your professionalism and hard work has been evident.

Attention Parents:

We are opening up our popular staff fitness to parents so it is now adults' fitness class!

We will be working the bums, tums and thigh area every Tuesday 4.15pm - 4.45pm.

There is a charge of just £1 for the class and we have childcare available (reception age or above) in Extended Learning at a charge of 50p per child for the half hour.

Please pay at the school office in the morning that you are attending the fitness club.

Children's Achievements:

Congratulations to Harry Goddard who has just been signed by Professional club,
Chesterfield FC after impressing them during a trial!
We wish you all the best on your next football chapter.

Congratulations to Dante Lee who qualified to represent Nottinghamshire in the Cross Country running event.

Good luck to all the children who have been selected for Basketball trials for Nottingham u11's.

Well done to all the children who have taken part in sporting activities this term and hope we continue to do well and impress in all our future tournaments, as well as staying healthy and enjoying sport this year.

Yours faithfully,

Mr Eugene Francis

