Curricul	um	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
PHSE —	SCARF	Me and My Relationships	Valuing Differences	Keeping Myself Safe	Rights and Responsibilities	Being My Best	Growing and Changing
	ding themes licitly covered	Mental wellbeing Forced marriage Domestic Abuse Inappropriate touch Respectful behaviours online	Bullying Challenging gender stereotypes/LGTB Homophobia Peer on peer abuse Discrimination - Racism	Mental wellbeing Online behaviours – sharing info & photos Grooming Sexting/Upskirting Gang and Knife Crime prevention Drug Awareness Alcohol Awareness	Rule of law – criminal behaviours Human/Children's Rights Coercive control	Mental wellbeing Healthy lifestyles Emotional well-being Identifying and reducing risk Basic First Aid	Body Image Peer pressure Puberty – FGM Sex Education - consent
RSE - SC	CARF	Families and people who care for me	Caring Friendships	Online Relationships		Respectful Relationships	Being Safe (including online)
		Characteristics of healthy family life Protection and care for children and other family members Respect differences in families Different types of stable, caring relationships Marriage is a formal commitment Seeking help and advice if needed	Importance of friendships Characteristics of friendships Healthy friendships are positive and don't make others feel excluded Ups and downs of friendships Resorting to violence is never right Recognising who to trust and who not to trust Managing conflict Seeking help and advice if needed	People sometimes behave differently online, sometimes pretending to be someone they are not Same principles to online relationships as to face-to-face relationships Keeping safe online Recognising risks, harmful content & contact and how to report them Critical thinking around online friendships & sources of information Risks associated with people they have never met		Respecting others, even when they are very different in appearance, character, beliefs, life choices Practical steps to improve or support respectful relationships Conventions of courtesy & manners Importance of self-respect and how this links to their own happiness Expect to be treated with respect by others in school and wider society Show due respect to others, including	Appropriate boundaries in friendships Concept of privacy It's not always right to keep secrets if they relate to being safe Each person's body belongs to them Differences between appropriate and inappropriate contact Responding safely and appropriately to adults they may encounter in all contexts Recognise and report feelings of being unsafe or feeling bad about any adult Ask for advice or help for themselves or

			How information and data is shared and used online		those in positions of authority	others – ensuring you are heard Reporting concerns or abuse, and the vocabulary and confidence needed Where to get advice e.g. family, school and/or other sources.
Online safety	NC Objectives	EFACW		Skill	S	
Education for a		Objectives				
Connected World.	 Co2/1.7 Use technology safely, respectfully and responsibly; recognise acceptable/unacceptable behaviour; identify a 	Self-Image and Identity	 I can identify and critically evaluate online content relating to gender, race, religion, disability, culture and other groups, and explain why it is important to challenge and reject inappropriate representations online. I can describe issues online that could make anyone feel sad, worried, uncomfortable or frightened I know and can give examples of how to get help, both on and offline. I can explain the importance of asking until I get the help needed. 			
	range of ways to report concerns about content and contact.	Online Relationships	 I can explain how sharir I can describe how to be respecting boundaries rothers do not. I can describe how thing e.g. screen-grabs. I can explain that taking 	ng something online may have kind and show respect for egarding what is shared about the shared privately online of the sharing inappropriate in the sharing inap	ave an impact either posit of others online including to out them online and how an have unintended conse mages of someone (e.g. er	he importance of to support them if equences for others. mbarrassing images),
		Online Reputation	I can explain the ways irI can explain strategies including degrees of an	•		
		Online Bullying	 I can describe how to capture bullying content as evidence (e.g screen-grab, URL, prof with others who can help me. I can explain how someone would report online bullying in different contexts 			
		Managing Online Information	 I can explain how search I can explain how to use I can describe how som I can explain how and w 	n engines work and how re e search technologies effect e online information can be thy some people may prese ities of those promoting it	sults are selected and ran tively. e opinion and can offer ex ent 'opinions' as 'facts'; wh	ked. amples. ny the popularity of an

Copyright and Ownership	 I can explain what to do if a password is shared, lost or stolen. I can describe how and why people should keep their software and apps up to date, e.g. auto updates. I can describe simple ways to increase privacy on apps and services that provide privacy settings. I can describe ways in which some online content targets people to gain money or information illegally; I can describe strategies to help me identify such content (e.g. scams, phishing). I know that online services have terms and conditions that govern their use. I can demonstrate the use of search tools to find and access online content which can be reused to others. I can demonstrate how to make references to acknowledge sources I have used from the internet
Health, Wellbeing and Lifestyle Privacy and Security	 encounter these online (e.g. advertising and 'ad targeting' and targeting for fake news). I understand the concept of persuasive design and how it can be used to influences peoples' choices. I can demonstrate how to analyse and evaluate the validity of 'facts' and information and I can explain why using these strategies are important. I can explain how companies and news providers target people with online news stories they are more likely to engage with and how to recognise this. I can describe the difference between online misinformation and dis-information. I can explain why information that is on a large number of sites may still be inaccurate or untrue. can assess how this might happen (e.g. the sharing of misinformation or disinformation). I can identify, flag and report inappropriate content. I can describe common systems that regulate age-related content (e.g. PEGI, BBFC, parental warnings) and describe their purpose. I recognise and can discuss the pressures that technology can place on someone and how / when they could manage this. I can recognise features of persuasive design and how they are used to keep users engaged (current and future use). I can assess and action different strategies to limit the impact of technology on health (e.g. night-shift mode, regular breaks, correct posture, sleep, diet and exercise). I can describe effective ways people can manage passwords (e.g. storing them securely or saving them in the browser).

	Examples of the types of topics covered every year:
	Can sharing stories prevent extremism? Will increased awareness help end modern slavery? Can music teach us about black history? Is gaming good for you? Would the suffragettes be happy with today's Parliament? Should under-18s be given criminal records? Is the UK a tolerant place to live? Do communities become stronger during a crisis? Should young people earn pocket money? Does the curriculum represent you? Is it important to fit in at school? Do you know how to stay safe outside school? Should under-13s have Instagram?
	Running alongside this we have the following ongoing structures in place to allow children to demonstrate British Values and Pupil Voice in day-to-situations.
Democracy	 School council – pupil voice, voting Votes for School Eco council Sport/Team Captains Investors in Pupils – choosing class rewards and class ambassadors
The Rule of Law	 Classroom rules, regulations and rewards. Expected behaviours for learning – Trackit! Investors in Pupils – Children's Rights
Individual Liberty	 Ongoing encouragement to be independent and to make independent choices Anti-bullying culture promoted Investors in Pupils – Children's Rights Oracy Project – confidence to speak up and have own informed opinions

Mutual Respect	 Oracy Project – listening to the views of others and respectfully agreeing or disagreeing Behaviours for learning Community and Citizenship Projects Investors in Pupils – class charter, working as a class team 						
 Tolerance of those of different faiths and beliefs Taught through the RE curriculum Assemblies to learn about and celebrate festivals (eg. Harvest, Eid, Diwali, Christmas, Chinese New Year, Hanukkah) Visitors in school from a range of cultures and backgrounds Visits to places of worship Wide range of texts reflecting different cultures and backgrounds 							
Votes for Schools – additional units for KS2	My Body/My Choice – Healthy Relationships Pupils will look at	My World/My Choice – Online Identity Pupils discuss a world	My World/My Choice -Criminal Records Pupils will look into	My World/My Choice – Rules and Regulations Pupils explore the need	My World/My Choice – Gambling Pupils identify what	My Body/My Choice FGM Pupils will use the	
At Sycamore Academy we follow the Votes for Schools calendar but	different types of relationships and what a healthy relationship looks like.	of being famous and sharing information online.	the consequences of mistakes you can make when you are young.	for rules and regulations in life.	gambling is and how it can impact health and well-being.	discussion of culture to learn more about FGM and how to see help.	
also deliver the weekly topics which reflect current news and topics and teach them to fit in with the wider curriculum being taught.			ght if necessary at an app hy it is important to talk a	-			
Wider Curriculum	Tudors: rich and poor, family, religion	Animals, including humans: how our lifestyle can affect our bodies – being healthy	Passport to the World: human diversity, immigration	Electricity: safety around electricity	Evolution and Inheritance: Families, nature vs nurture	Victorians: workhouses, forced child labour	
	Islam: exploring beliefs and practices	Christianity: Mary as a mother	Christianity: beliefs and meaning	Christianity: Easter	Islam: exploring beliefs and moral values	Islam: exploring beliefs and moral values	
Links in texts/films/art	Macbeth – death, guilt, loyalty	Kensuke's Kingdom – resilience, survival, friendship and loss	The Nowhere Emporium – orphans, bullying, courage, friendship	Clockwork – feelings and fear	Dream Giver – orphans and dreams	Street Child – pover child labour, cruelty loneliness, resilience	

Assemblies, trips, visitors etc.	Keeping Safe in School Assembly	Speak Out Stay Safe NSPCC Assembly	Online Safety Assembly	Acts of Kindness Assembly	Mental Health Awareness Week	Human Rights Assembly
	Black History Month Into University — aspirations linked to further education St. Ann's Community Orchard	Anti-Bullying week Children in Need – being charitable, vulnerable people	Road Safety Quiz Place of Worship Visit	Comic Relief – being charitable, vulnerable people	DARE Project St. Ann's Community Orchard Y6 Residential – independence, teamwork, self confidence	Galleries of Justice – Knife Awareness Workshop Transition - visits to secondary school- supporting emotional wellbeing and change