



Sycamore Academy  
A L.E.A.D. Academy



**WEEK 1** (September to December 2025)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH MEAT	Chicken Burger Potato Wedges Sweetcorn	Chicken Curry Mixed Rice Peas	Roast Chicken & Stuffing Roast potatoes Carrots, Gravy	Quorn Sausage Pasta Bake Mixed Veg Garlic Bread	Fish Cake Chips Peas
MAIN DISH HALAL	Quorn Burger Potato Wedges Sweetcorn	Chicken Curry Mixed Rice Peas	Roast Chicken & Stuffing Roast potatoes Carrots, Gravy	Quorn Sausage Pasta Bake Mixed Veg Garlic Bread	Fish Cake Chips Peas
MAIN DISH VEGETARIAN	Tomato Pasta Sweetcorn Garlic Bread	Mac N Cheese Peas Garlic Bread	Vegetarian Sausage Roast potatoes Carrots, Gravy	Vegetable Stir-Fry With Curried Noodles Mixed Veg, Garlic Bread	Southern Style Quorn Burger Chips, Peas
COMBO	Wrap Grated Cheese Tortilla Crisps	Jacket Potato Baked Beans	Pasta Tomato & Basil Sauce	Wrap Grated Cheese Tortilla Crisps	
DESSERT	Raspberry Doughnut Traybake Fresh Fruit Pot Jelly	Blueberry Muffins Fresh Fruit Pot Yoghurt	Cherry Shortbread Fresh Fruit Pot Cheese & Biscuits	Carrot Cake Fresh Fruit Pot Jelly	Vanilla Ice Cream Fresh Fruit Pot

**MENU IS SUBJECT TO CHANGE SHOULD INGREDIENTS BE UNAVAILABLE**