



Sycamore Academy
A L.E.A.D. Academy



WEEK 1 (September to December 2026)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Home-Made Pizza Potato Wedges Carrot & Coriander Salad	Chicken Sausage Diced Potatoes Baked Beans	Savoury Minced Beef Mashed Potato Broccoli & Carrots	Jamaican Chicken Curry Mixed Rice Mixed Veg, Naan Bread	Salmon Fish Fingers Chips Peas
MAIN DISH HALAL	Home-Made Pizza Potato Wedges Carrot & Coriander Salad	Chicken Sausage Diced Potatoes Baked Beans	Savoury Minced Beef Mashed Potato Broccoli & Carrots	Jamaican Chicken Curry Mixed Rice Mixed Veg, Naan Bread	Salmon Fish Fingers Chips Peas
MAIN DISH VEGETARIAN	Quorn Sausage Pasta Bake Carrot & Coriander Salad	Quorn Sausages Diced Potatoes Baked Beans	Vegetable Cottage Pie Broccoli, Carrots Gravy	Quorn Curry Mixed Rice Sweetcorn, Naan Bread	Quorn Burger Chips Peas
COMBO	Sandwich Baguette Grated Cheese Potato Wedges Mixed Salad	Jacket Potato Cheese & Beans Salad	Sandwich Baguette Tuna Mayo Salad, Tortilla Crisps	Pasta with Tomato & Basil Sauce Mixed Salad	-
DESSERT	Apple Sponge & Cream Fresh Fruit Pot Jelly	Syrup Sponge & Custard Fresh Fruit Pot Cheese & Biscuits	Homemade Caramel Biscuit Fresh Fruit Pot Yoghurt	Apricot Flapjack Fresh Fruit Pot Jelly	Raspberry Ripple Ice Cream Roll Fresh Fruit Pot Cheese & Biscuits

MENU IS SUBJECT TO CHANGE SHOULD INGREDIENTS BE UNAVAILABLE