



Sycamore Academy
A L.E.A.D. Academy



WEEK 3 (September to December 2026)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Home-Made Pizza Diced Potatoes Sweetcorn	Chicken Fillet Burger Coleslaw Salad	Roast Chicken Mashed Potato Broccoli & Carrots Gravy	Chicken Tikka Mixed Rice Green Beans	Fish Cake Chips Baked Beans
MAIN DISH HALAL	Home-Made Pizza Diced Potatoes Sweetcorn	Chicken Fillet Burger Coleslaw Salad	Roast Chicken Mashed Potato Broccoli & Carrots Gravy	Chicken Tikka Mixed Rice Green Beans	Fish Cake Chips Baked Beans
MAIN DISH VEGETARIAN	Quorn Pasta Garlic Bread Sweetcorn	Quorn Burger Coleslaw Salad	Quorn Fillet Mashed Potato Broccoli & Carrots Gravy	Chinese Quorn Mixed Rice Green Beans	Vegetarian Sausage Roll Chips Baked Beans
COMBO	Sandwich Baguette Grated Cheese Diced Potatoes	Pasta with Tomato & Basil Sauce Mixed Salad	Sandwich Baguette Tuna Mayo Salad, Tortilla Crisps	Pasta with Tomato & Basil Sauce Mixed Salad	-
DESSERT	Fruit Crumble & Custard Fresh Fruit Pot Jelly	Homemade Carrot Cake Fresh Fruit Pot Cheese & Biscuits	Tutti Fruity Sponge Fresh Fruit Pot Jelly	Banana Flapjack Fresh Fruit Pot Cheese & Biscuits	Mango & Orange Iced Smoothie Fresh Fruit Pot Yoghurt

MENU IS SUBJECT TO CHANGE SHOULD INGREDIENTS BE UNAVAILABLE