



Sycamore Academy 
A L.E.A.D. Academy



WEEK 2 (September to December 2023)

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|----------------------|--|--|---|---|---|
| MAIN DISH MEAT | Beef Bolognese (Gluten & Dairy Free) Mixed Pasta Peas | Chicken Sausages (Dairy Free) Sweetcorn Potato Wedges (Gluten & Dairy Free, Vegan) | Roast Beef & Yorkshire Pudding Roast Potatoes Carrots, Cabbage Gravy (Allergen Free) | Jamaican Chicken Curry (Gluten & Dairy Free) Sunshine Rice Green Beans | Cheese & Tomato Pizza (Homemade) Chips Baked Beans |
| MAIN DISH HALAL | Beef Bolognese (Gluten & Dairy Free, Halal) Mixed Pasta Peas | Chicken Sausages (Dairy Free, Halal) Sweetcorn Potato Wedges (Gluten & Dairy Free, Vegan) | Roast Beef (Gluten & Dairy Free, Halal) Roast Potatoes Carrots, Cabbage Gravy (Allergen Free) | Jamaican Chicken Curry (Gluten Free, Halal) Sunshine Rice Green Beans | As above |
| MAIN DISH VEGETARIAN | Vegetarian Bolognese (Gluten & Dairy Free) Mixed Pasta Peas | Quorn Sausages Sweetcorn Potato Wedges (Gluten & Dairy Free, Vegan) | Quorn Roast Roast Potatoes Carrots, Cabbage Gravy (Allergen Free) | Jamaican Quorn (Gluten & Dairy Free) Sunshine Rice Green Beans | Southern Style Quorn Burger Chips Baked Beans |
| DESSERT | Raspberry Buns | Chocolate & Date Slice (Gluten Free) | Strawberry Jelly (Gluten & Dairy Free, Vegan) | Fruity Chocolate Traybake (Homemade & Dairy Free) | Angel Whip (Gluten Free) |

MENU IS SUBJECT TO CHANGE SHOULD INGREDIENTS BE UNAVAILABLE