



Sycamore Academy 
A L.E.A.D. Academy



WEEK 2 (January to March 2024)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH MEAT	Lemon & Garlic Chicken Mixed Rice Green Beans	Chicken Sausage Mashed Potato Peas	Roast Beef Roast potatoes Broccoli, Carrots Gravy	Chicken Balti Sunshine Rice Mixed Veg	Salmon Fish Fingers Chips Spaghetti Hoops
MAIN DISH HALAL	Lemon & Garlic Chicken Mixed Rice Green Beans	Chicken Sausage Mashed Potato Peas	Roast Beef Yorkshire Pudding Roast potatoes Broccoli, Carrots Gravy	Chicken Balti Sunshine Rice Mixed Veg	Salmon Fish Fingers Chips Spaghetti Hoops
MAIN DISH VEGETARIAN	Lemon & Garlic Quorn Mixed Rice Green Beans	Quorn Sausage Mashed Potato Peas	Quorn Roast Roast potatoes, Broccoli, Carrots Gravy	Quorn Curry Sunshine Rice Mixed Veg	Cheese Puffed Snack Chips Spaghetti Hoops
DESSERT	Summer Crumble Custard	Black Forest Brownie Bites	Mandarin Jelly	Banana Loaf	Vanilla Ice Cream

MENU IS SUBJECT TO CHANGE SHOULD INGREDIENTS BE UNAVAILABLE