



Sycamore Academy 
A L.E.A.D. Academy



WEEK 3 (January to March 2024)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH MEAT	Chinese Chicken Steamed Rice Green Beans	Beef Stew Mashed Potato Cauliflower	Roast Chicken & Stuffing Roast potatoes Carrots, Peas Gravy	Chicken Tikka Mixed Rice, Sweetcorn Garlic & Corriander Naan Bread	Pizza Chips Baked Beans
MAIN DISH HALAL	Chinese Chicken Steamed Rice Green Beans	Beef Stew Mashed Potato Cauliflower	Roast Chicken & Stuffing Roast potatoes Carrots, Peas Gravy	Chicken Curry Mixed Rice, Sweetcorn Garlic & Corriander Naan Bread	Pizza Chips Baked Beans
MAIN DISH VEGETARIAN	Chinese Quorn Steamed Rice Green Beans	Quorn Stew Mashed Potato Cauliflower	Quorn Roast Roast potatoes, Carrots, Peas Gravy	Quorn Tikka Mixed Rice, Sweetcorn Garlic & Corriander Naan Bread	Pizza Chips Baked Beans
DESSERT	Pineapple Sponge Custard	Blackcurrant Cheesecake	Raspberry Mouse & Vanilla Biscuit	Oaty Fruit Crunch	Strawberry Jelly

MENU IS SUBJECT TO CHANGE SHOULD INGREDIENTS BE UNAVAILABLE